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Theory Benefits

Many students have started to incorporate theory into their music studies and the benefits of this are filtering through to their practical music and general knowledge. When I was learning music, it wasn't until the senior levels that I really understood and appreciated the full benefit of theory. It enabled me to put all the pieces of the puzzle together and understand "Why" things are the way they are in music.

We are encouraging all students to incorporate some theory into their weekly music regime, whether it be a small amount in lesson (usually verbal discussions), or more formal studies with a theory book. With theory book studies, we recommend a minimum of 30 minutes theory per week (more for senior grades). For siblings who have consecutive lessons, this time is a fantastic opportunity that can be used for theory.